

This is a sample letter that could be sent to family or friends, by an individual who has just completed health care directives (i.e. Living Wills and/or Medical Powers of Attorney). This letter notifies the friends or family of your intentions and wishes, thereby better assuring that the documents will be delivered to the appropriate hospitals and/or doctors at the time of need.

Date _____

Dear Family or Friends:

I have just completed executing Living Will Declarations and Medical Health Care Powers of Attorney, setting forth my desires concerning my health care, and naming

(list power of attorney name above) to make decisions for me if I am unable to do so for myself. I have declared that under the appropriate circumstances I do not want life support.

I am notifying you so that you will not only be aware of my intentions, and the fact that you may be one of my powers of attorney for health care, but most importantly that you will be aware of the existence of these documents, so that you can see that they are delivered to the appropriate doctors and hospitals at the time of need, and my wishes therefore carried out.

I have placed the signed documents

(fill in location) for safekeeping.

Signature: _____