

Home Options™

When You Need Guidance for Choosing Long-Term Care



Your loved one needs help with daily care. How do you choose? How do you pay for care? What should you expect? Where do you start?

Home Options is a service of the Long-Term Care Ombudsman Program at Pro Seniors. We are a non-profit organization staffed with state certified Long-Term Care ombudsmen. Pro Seniors' ombudsmen are professional advocates who can help you understand your options and connect you to resources to help meet long-term care needs in southwest Ohio (Butler, Clermont, Clinton, Hamilton & Warren counties).

Home Options™

It can be stressful when the condition and needs of you or a loved one changes, and more help is needed. *Home Options* can give answers to very complicated questions:

- What type of Long-Term Care (LTC) provider should I consider?
- How do I pay for it?
- How do I get good care after I choose a LTC provider?
- What if I have a problem?
- What rights do I have?

Do I Need a Nursing Home?

Nursing home, assisted living or home-based care? We will help you understand the Activities for Daily Living (ADLs) and the assessment process, so that you're comfortable about the level of care you are considering.

As you search for services right for you and your loved one, we will help you recognize signs of quality care, understand staff responsibilities, identify what to look for in an admission agreement, and more.

How Will I Pay for My Care?

There are a variety of public and private payment systems for long-term care services in Ohio. The **Home Options** ombudsman will explain long-term care payment options and, if needed, refer you for a free legal helpline call for a detailed consultation about your specific situation.

It's Moving Day, What Should I Expect?

We'll help you understand what to expect in the early days of living in a long-term care facility - a clean room, friendly greeting, and staff introductions are just a beginning. Medications and medical records should be promptly transferred, followed by a baseline assessment, then a comprehensive assessment and a written care plan.

Long-Term Care Consumers Have Rights

Living in a long-term care facility means you have rights and we will provide education on what those rights are and what to do if you're not getting the quality of care, quality of life and person-centered care you deserve. A long-term care ombudsman advocates for resident rights.

Why Turn to *Home Options*?

Home Options staff are certified Long-Term Care Ombudsmen. Whether you are choosing a long-term care home for the first time, moving from a facility where you currently live, or looking to solve a problem for a loved one living in a home, a long-term care ombudsman can help you understand your options and exercise your rights.



Free Telephone Consultation

To help explore alternatives, **Home Options** offers you phone consultation with a supportive Ombudsman. We will provide information, materials and referrals to foster your informed selection process. Call:

513-458-5518

800-488-6070, option 5

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