

Care Options ~

*Our goal is to help you
improve your experience
of Long-Term Care*



Helping Older Persons With Legal
& Long-Term Care Problems

Please contact us at:

513-345-4160

800-488-6070

www.proseniors.org

Pro Seniors, Inc.
7162 Reading Road, Suite 1150
Cincinnati, OH 45237



*Care Options is a service of the
Long-Term Care Ombudsman Program
at Pro Seniors*

*Do you need help
finding the right
long-term care for
yourself or a loved one?*

*Care Options
can help*



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About Care Options

Care Options offers relief to seniors and their loved ones with the difficult and time-consuming task of selecting a long-term care (LTC) provider: assisted living, home care, nursing home or adult care. The choices can seem overwhelming.



Help Finding Answers

Care Options can give answers to very complicated questions:

- What type of facility should I consider?
- What resources can help?
- How do I begin my search?

Do I Need A Nursing Home?

Licensed LTC providers are required to comply with state and federal regulations. *Care Options* staff will help you select from facilities/providers that are licensed to provide the care and services you need.

Free Telephone Consultation

To help you explore your alternatives, *Care Options* offers assistance by phone with a supportive Ombudsman so you can explore your possibilities. You will also receive pertinent materials to foster your selection process.

Resources provided will help you *recognize* signs of quality care, *understand* staff responsibilities, and *access* related agencies for care, legal issues and caregiver support.

Learn what you need to know to get quality care from the provider you choose.

How Will I Pay for My Care?

There are a variety of public and private payment systems for long-term care services in Ohio. *Care Options* staff will explain long-term care payment options and, if needed, refer you to a **free** legal hotline for a detailed consultation about your specific situation.

LTC Consumers Have Rights

Care Options staff help you understand what these are. You will also be guided on:

- What to look for in an admission agreement
- How to make use of the assessment and care-planning process
- Who can best respond to your questions or concerns in the facility

Why Turn to Care Options?

Care Options staff are certified Long-Term Care Ombudsman Specialists – advocates for people using or choosing nursing homes and other care providers.



Whether you are choosing a care provider for the first time, or moving from a facility where you currently live, *Care Options* can help you recognize and exercise your rights during the process.